

# Newsletter

No 10 18th August 2023

## From the Principal's Desk



AFL SCHOOLS PRIMARY SCHOOL OF THE YEAR - GOVERNMENT

It is with great excitement that we announce that we have been awarded the Education Awards Government Primary School of the year.

Our school has been recognized for our holistic approach to education, our innovative programs encompassing STEM, student agency, wellbeing and oracy, including our innovative use of TV and podcasting via PNTV.

Our Kids Teach STEM initiative has now seen our students present to over 800 visiting students and teachers from schools across Australia and

overseas. The school has been recognized as a finalist for the past 3 years so it was wonderful to bring home the trophy. We'd like to acknowledge and thank our amazing staff, students and families for creating such a fantastic school. Tune into PNTV to see the celebrations.

Our first round offers for **reception enrolments** in 2024 has gone out. If you have a child ready for reception next year, either start of year or term 3, please see the front office for an enrolment pack so our numbers are accurate.

Next week we will be celebrating Book Week. On Tuesday we are inviting everyone to dress up as their favourite book character. We will be parading near the central tree around 9:15, parents are welcome to join us. If it's raining we will be in the gym.



Marg Clark

### Term 3, 2023

**August** 21<sup>st</sup>-25<sup>th</sup>  
31<sup>st</sup>  
**September** 1<sup>st</sup>  
1<sup>st</sup>  
4<sup>th</sup>  
11<sup>th</sup>

### 24<sup>th</sup> July – 29<sup>th</sup> September

Book Week – Parade on Tuesday  
 SAPSASA Athletics Carnival  
 Father's Day Stall  
 Fathering Project Breakfast  
**School Closure Day**  
 School Photo Day



## Room 0 News

For Investigations this term Room 0 have setup a flower shop. To kickstart our shop, we reached out to both our community and local businesses. A local flower shop kindly donated ribbons, stickers, and thank-you cards.

We have loved using our creativity and imagination to produce beautiful flower arrangements! Check out some of our work below!



## What's Happening in Room 5?

Room 5 have been learning about multiplication and division and their inverse relationship. We have investigated multiplication's relationship with repeat addition and division's relationship with repeated subtraction. We have also been measuring with informal and formal units of measurement with a variety of tools. We particularly enjoyed going on an array hunt in groups around the school and measuring area outside using square metres.

In Writing, Room 5 have been learning about information text. We are learning how to combine our prior knowledge with our research to create a well-structured information report. We have also been annotating text to identify the features of an expert information report and can identify the language features used.

In HASS and STEM, Room 5 are learning about 'Diversity and Our World'. We are researching the similarities and differences between different places, their characteristics and the main climate types of the world. We are particularly enjoying researching information about Fiji and planning personal interest projects in groups for our upcoming Travel Expo.

We have been investigating food and fibre production and have created flow charts to illustrate the processes we have learnt. We enjoyed teaching our buddies what we learnt and have designed something with our buddies to share their new learning with others. Our next step is to make our designs and provide feedback and feedforward to others.



## Six Tips to Support Boys and Men's Health

As men, some of us may find it harder than others to talk openly about our physical or mental health concerns, wellbeing or seeking support when we need it. As a society this is something we need to work to overcome, and also teach our sons that as men, it's normal to express our concerns; after all – it's our health we are talking about! Unfortunately, the research finds men to be falling behind when it comes to looking after their health. Heart disease is the leading killer of Aussie men, with four in five heart deaths under 65 being men.



We need to encourage men to look after their health, for themselves, families and children. Ensuring we create an environment that feels secure to talk openly, whether it's a workplace, in the home, school or in a social setting is key. Men's Mental Health is another key area of concern, working on Men seeking help when they are feeling down or not coping.

## Top tips to support men and boy's health

**Talk openly.** If something is concerning you, even if it's minor, talk about it with a mate, your partner or health professional. Whether it's your physical health, mental health or something going on in your life. Too often men seem let things slide until the last minute and only seek help when it becomes urgent.

**Be a role model.** If you have a son, teach him it's not weak for men to speak up about mental health, wellbeing, or physical health. It shows strength and empowerment for your own health.

**Keep your health in check for your kids.** Stay up to date with your doctor's appointments, keep fit, eat healthy and look after yourself, because your kids and family need your best self!

**Get moving.** With the busy lives we lead, it can be difficult to make exercise a priority, especially heading into the colder months! Even if it's just 30 minutes a day, try to get out and move your body. Take the dog for a walk, kick the footy around with the kids, go for a run, or even do some laps up and down the stairs!

**If something doesn't feel right, get it checked.** Even if it's something minor, it's better to get it checked than to let it go. Setting this standard for your sons is also important so they grow up knowing they don't need to feel embarrassed.

**Make time to do the things you love.** Is there a hobby you've let go because 'life'. We encourage you to make the time to pick it back up and do the things you love. It is key to your own wellbeing.



If you require further support check out Australian Men's Health Forum <https://www.amhf.org.au> or Mensline <https://mensline.org.au>

Save the Date: Friday 1<sup>st</sup> September for our Father's Day Breakfast

# Go the Matilda's !!!!

Room 9

The build up to the Matilda's semi final against England Lionesses on Wednesday was a roller coaster! It seems like everyone in Australia was watching the game. Room 9 was no exception, they had the homework task of watching the game ready for recording their feelings. Some students were backing the Lionesses and others for the Matildas. These are some of their observations.

**England was being aggressive, they got 3 yellow cards and a red one. One of the Australian players we injured and was sent off.** Aryaveer

**It's amazing how talented they all are, they did a great job and they are icons!** Bisudha

**The FIFA World Cup happens every couple of years. People get all hyped up because it's a really fun event. Not just for the Women's but also the Men's.** Attila

**I really loved watching the game. It was amazing when Sam Kerr scored that goal and she had hurt her ankle.** Ivanna

**Sam Kerr scored the equalizer in the 62 minute. Sweden and Australia will battle for 3rd place in Brisbane while England and Spain will go against each other for the first place. Go The Lionesses !**

Alistair

**I loved watching the game. It was nerve racking when Sam Kerr hit the top corner. I was imagining they would win the world cup.** Tressie

**The game was thrilling but if Sam Kerr hadn't hurt her ankle should could've scored another goal.** Sophia

**It was incredible! My favourite player is Sam Kerr because she stood up when she was hurt and she scored a goal.** Callum

**I wish that the Matilda's had won but they can still get third place! I love the Matildas!**

Nikita

**I am very sad that the Lionesses won and the Matildas lost. I was on the side of the Matildas. Go Matildas!!!!!!** Tanvi

**Sam Kerr shot an amazing goal. Sadly it was the only goal for the entire game. There were a couple of times when there were really close shots but they didn't make it in.** Olivia



CONGRATULATIONS LIONESSES !!!



**It was a tight game for a long time against England . Later the game heated up and England was getting fierce!** Casper

**Sam Kerr was the only one to get a goal, in my opinion She is the best player.** Ryan

**They were good at shooting but some were a little bit off. There was one time when they were off side. There was one time when the goal keeper saved a good shot. England won in the semi finals and it was sad that The Matilda's lost.** Linson, Imeth and Charlie

**Sam Kerr got kicked in the face with a ball. England won and they are going to vs Spain.** Tara

**The three goals of England was devastating! The crowd was cheering and going wild.** Gideon